



Nutritional information from Knoppers

Last modification: 16.04.2025

Nutritional information

Typical nutritional values	Per 100 g	Per piece (25 g)	Per piece %*
Energy	2277 kJ / 546 kcal	569 kJ / 137 kcal	7%
Fat	32.8 g	8.2 g	12%
of which saturates	18.4 g	4.6 g	23%
Carbohydrate	51.6 g	12.9 g	5%
of which sugars	34.2 g	8.6 g	10%
Protein	9.2 g	2.3 g	5%
Salt	0.56 g	0.14 g	2%

*Reference intake of an average adult (8400 kJ / 2000 kcal)

Wafers with a milk creme (30.3 %) and a smooth hazelnut creme filling (29.4 %)

Ingredients: sugar, vegetable fats (palm, shea), **wheat** flour (13.5%), skimmed **milk** powder (13%), **hazelnuts** (9.2%), whole **wheat** flour (7.2%), butterfat (**milk**) (2.7%), cocoa, fat-reduced cocoa, emulsifier: **soya** lecithin, salt, whey powder (**milk**), **wheat** starch, natural flavourings, raising agent: sodium hydrogen carbonate, ground **peanuts**.

May also contain almond, other nuts and egg.

Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.