

# Nutritional information from Knoppers

## Nutritional information

Typical nutritional values	Per 100 g	Error	Per piece %**
Energy	2294 kJ / 550 kcal	574 kJ / 138 kcal	7%
Fat	33.2 g	8.3 g	12%
of which saturates	18.6 g	4.7 g	24%
Carbohydrate	52.4 g	13.1 g	5%
of which sugars	35.3 g	8.8 g	10%
Protein	8.8 g	2.2 g	4%
Salt	0.39 g	0.10 g	2%

\*\*Reference intake of an average adult (8400 kJ / 2000 kcal)

### Wafers with a milk creme (30.2%) and a smooth hazelnut creme filling (29.4%)

Ingredients: sugar, vegetable fats (palm, shea), skimmed **milk** powder\* (13.5%), **wheat** flour (12.3%), **hazelnuts** (9.1%), wholegrain **wheat** flour (6.1%), cocoa, butterfat\* (**milk**)(2.6%), fat reduced cocoa, **wheat** starch, emulsifier: **soya** lecithin, whey powder (**milk**), cream powder\* (**milk**)(0.2%), salt, natural flavourings, raising agent: sodium hydrogen carbonate, **ground peanuts**.

\*equivalent together 10% milk solids

**May also contain almonds, other nuts and egg.**

### Comment:

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.