



## Nutritional information from Bendicks Bittermints 200g

Last modification: 29.11.2023

### Nutritional information

Typical nutritional values	Per 100 g	Per piece (18.2 g)	Per piece %*
<b>Energy</b>	1789 kJ / 426 kcal	326 kJ / 78 kcal	4%
<b>Fat</b>	16.6 g	3.0 g	4%
<b>of which saturates</b>	10.0 g	1.8 g	9%
<b>Carbohydrate</b>	62.8 g	11.4 g	4%
<b>of which sugars</b>	54.1 g	9.8 g	11%
<b>Protein</b>	3.6 g	0.7 g	1%
<b>Salt</b>	0.01 g	<0.01 g	<1%

\*Reference intake of an average adult (8400 kJ / 2000 kcal)

### Bitter chocolates with a firm peppermint fondant centre (68%)

Ingredients: Sugar, Cocoa Mass, Glucose Syrup, Peppermint Oil with other natural flavourings, Cocoa Butter, Emulsifier: **Soya** Lecithin.

Dark chocolate contains cocoa solids 95% minimum.

**May also contain hazelnut, almond, peanut and other nuts.**

### Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.