



Nutritional information from Knoppers NutBar 3 pieces



Last modification: 05.02.2024

Nutritional information

Typical nutritional values	Per 100 g	Per piece (40 g)	Per piece %*
Energy	2215 kJ / 531 kcal	886 kJ / 212 kcal	11%
Fat	31.6 g	12.6 g	18%
of which saturates	14.1 g	5.6 g	28%
Carbohydrate	52.2 g	20.9 g	8%
of which sugars	38.3 g	15.3 g	17%
Protein	8.4 g	3.4 g	7%
Salt	0.39 g	0.16 g	3%

*Reference intake of an average adult (8400 kJ / 2000 kcal)

Milk chocolate (29.5%) with layers of wafer, smooth caramel (22.2%), milk creme (14.4%), soft nougat (14%) and chopped hazelnuts (13.4%)

Ingredients: sugar, **hazelnuts** (15.1%), vegetable fats (palm, shea), glucose syrup, whole **milk** powder (6.5%), cocoa butter, skimmed **milk** powder (4.8%), **wheat** flour (4.3%), condensed skimmed **milk**, cocoa mass, whole **wheat** flour (2.3%), humectant sorbitol syrup, **buttermilk** powder, lactose (**milk**), cocoa, butterfat (**milk**), cream (**milk**), condensed whey (**milk**), butter (**milk**), whey powder (**milk**), emulsifier: **soya** lecithin, salt, partially inverted refiners syrup, fat-reduced cocoa, natural flavourings, **wheat** starch, raising agent: sodium hydrogen carbonate, stabiliser carrageenan, natural vanilla flavourings, ground **peanuts**.
May also contain almond, other nuts and egg.

Comment

Information about our ingredient and nutritional values are displayed here to reflect our current product formulations. We recommend you to compare this information with the information on the packaging. Any variations will be due to this being a transition period, as a result of new legislation or other changing conditions.